



Treatment Update

As it has now been 2 ½ months since I was diagnosed with Lyme Disease after eight years of baffling health challenges, I finally feel like things are progressing well in terms of finding doctors that I am confident with and beginning to tailor a treatment regimen to my condition. Though I don't believe any of this will be easy, I continue to hold on to the vision that the right combination of therapies can improve the situation over time. I remind myself again....this is a marathon, not a sprint.

When I started working with my new LLMD just last week, we discovered that I have also been exposed to Bartonella. So that puts me in the position of having some evidence of all of the Lyme co-infections. More tests are being done to see what else we can determine now that I have been on antibiotics for two months. I expect some significant changes in my protocol early next month once we have the results of those tests back.

I started using an electromagnetic frequency device called Ondamed and have also ordered the new KMT23 frequency device which I can use at home as another potentially promising adjunctive therapy.

Information on my current treatment protocol including a full listing of supplements can be found [here](#).

Exciting Projects Underway

There are two projects that I have found to be very exciting this month and hope that you will also find these of interest. Your support of these efforts, if able, would be immensely appreciated.

The first is the work that is being done by the Lyme Disease Association. As one of many critical projects, they are currently working hard in conjunction with Columbia University to establish a Chronic Lyme Disease Research Center. This is critically needed and could make a major impact for those of us that struggle with Lyme Disease on a daily basis. Over 75% of the funds needed to start this center have been raised to date. For more information, visit the [Lyme Disease Association](#).

The second project that I am also taking great interest in is an in-production documentary about Lyme Disease. The movie is called "Under Our Skin" and is being produced by Open Eye Pictures. I think that bringing awareness to the masses is critical and this movie holds the promise of bringing the story of Lyme Disease to so many people. If you are interested in this exciting project, more information is available [here](#).

Until Next Time

Over the next month, I anticipate several changes to my current plan of attack, and I look forward to sharing these with you next time. Thanks for all your kind words, inspiring stories, thoughtful direction, and for your compassion. Live, love, and laugh each and every day for tomorrow is not a given.

In Better Health,



Scott

Scott@BetterHealthGuy.com

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