



New Year, New Options

As I move swiftly towards the date that marks nine years of battling chronic illness, I am filled with hope. Though there are still many challenges before me, I am optimistic. The New Year leaves behind many struggles and brings me that much closer to the day that I discuss Lyme Disease with a sole focus on helping others and less focus on my own situation. I've changed a number of things this month, and I am excited to be able to share them with you here.

Treatment Update

I have been anxiously awaiting the availability of the KMT23 microcurrent device from Dr. Klinghardt for months. Well, it has finally arrived. The unit is a microcurrent device with microbial inhibition frequencies as well as containing the ability to improve lymphatic drainage, assist with removal of heavy metals, and more. Though it is too early to tell what the benefits may be, I am using it on a regular basis and hope to have more to report in the upcoming months. I am also planning to attend Dr. Klinghardt's conference Jan. 13-15 and hope to learn more about the treatment of Lyme Disease from that event.



I continue to use the Rechts-Regulat formula from Germany for addressing hypercoagulation. I will do so for the foreseeable future as I have seen a definite change in the color of my blood from almost black to bright red. It's one of the few products that I have seen visible results from.

On the conventional medicine front, I have changed antibiotics from Levaquin to Biaxin XL and am running yet another round of Igenex tests to see where I stand with co-infections. I am also just starting to address the Babesia by adding in Mepron and Artemisinin. I continue with the Doxycycline as well.

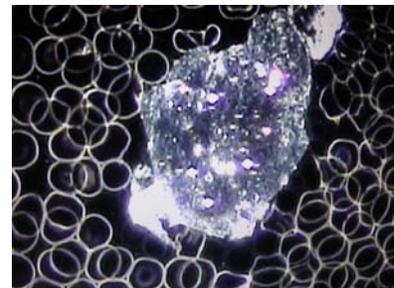
I've also started on a new combination of herbal therapies to help support the "Demise of the Spirochete". Continued modifications to my supplement program have been made throughout the month. Some items have been added; others finally removed as they did not seem to provide significant benefit. The latest list can be found [here](#).

More information on my current treatment protocol including a full listing of supplements can be found [here](#).

Alternative Modalities

I've talked many times before about how my Lyme diagnosis came using energetic testing. What 45 doctors missed, a good computer found....and it was right. I am a strong believer that there are many things that can be determined using energetic approaches.

More recently, I decided to spend some time reviewing the potential of darkfield microscopy. The photo found here is an actual photo of a foreign body from my blood. It is likely infectious and you can see the two white blood cells are attempting to engulf



and remove the body. The remaining cells are red blood cells. It was a very interesting session which resulted in some recommendations from the works of Dr. Enderlein of Germany. I will discuss these options further in future reports if they provide ongoing value in my recovery.

You Just Gotta Have One

There aren't a lot of products that I really get excited about. The one I am going to share this month is actually a product that I have used for several years and yet I recently came to the realization that most people don't use one..... What is it?



Did you know that you can absorb 500% to 1,000% more contaminants in a single twelve-minute shower than drinking the same tap water for a 24 hour period? With the efforts everyone with Lyme must make to detox, why add additional toxins unnecessarily?

The solution....a simple shower and/or bath filter. I use a product from Sante for Health. In fact, I just upgraded to the AQUAPURE PRO shower filter this week, and I think it's a great option. Sick or not, protect yourself and your family from the ravages of our polluted environments.

If you are interested, please visit Sante for Health. If you don't visit Sante, please visit someone and start protecting yourself now.

Until Next Time

Thanks for all your kind words, inspiring stories, thoughtful direction, and for your compassion. Live, love, and laugh each and every day for tomorrow is not a given.

In Better Health,



Scott

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