



## What A Month!

So much has happened in the past month. As I continue my quest to learn about and employ the best options for recovering from Lyme Disease, it seems the more I think I know, the more there is to learn. Well, I am up for the challenge!

## Treatment Update

The biggest changes in the past month have been the incorporation of rife treatments. It is too early to tell what the overall improvement will be, but I do have definite herxes after the rife sessions. Most in the Lyme community would believe that is a good sign. If you'd like more info on Lyme Disease and Rife, visit [here](#).

I am just starting the Shoemaker protocol with Cholestyramine for neurotoxin binding and excretion. It will be interesting to see what the impact of this protocol may be over the next several weeks.

I also added a German enzyme formula called Rechts-Regulat which is said to be stronger than nattokinase and other like formulations for addressing the hypercoagulation aspects of Lyme Disease.

Information on my current treatment protocol including a full listing of supplements can be found [here](#).

## Upcoming Lyme Conferences – Where You'll Find Me

It's time for me to start traveling the country and learning everything I can about how to get us all well. I am currently planning to attend two exciting conferences. These are:

### **Energy Medicine: 3rd Annual Meeting Neurotoxin Mediated Illnesses: A Look Beyond Antibiotics** Dr. Dietrich Klinghardt – January 13-15, 2006 – Bellvue, Washington

Lyme disease, chronic mycoplasma infections, herpes and other modern illnesses affect us in multiple ways and are often the cause of chronic fatigue, fibromyalgia and many other illnesses. Antibiotics have largely failed to address the issue. Mercury, cadmium and other metals have a synergistic effect with bacterial and mold neurotoxins. In this seminar we will teach effective and elegant new solutions. For more information, visit the [American Academy of Neural Therapy](#).

### **Hope to Heal Lyme**

Hope to Heal Lyme is pleased to announce that the next two-day Lyme Disease patient conference is scheduled for April 1-2, 2006 at the Hyatt Regency Reston in Reston, VA (the same location as last year). They are excited to have new talks from Dr. Joseph Burrascano, Jr., Dr. Joseph Jemsek, Dr. Charles Ray Jones, Dr. Ann Corson, Dr. Steve Bock, Dr. Bernard Raxlen, Dr. Ken Bock and others lined up for 2006! This year they will have much more detail on alternative therapies, pediatric treatments, neuro-psychiatric treatments and more opportunities to network with others in the Lyme community. For more information, visit [Hope to Heal Lyme](#).

## Exciting Projects Underway

I am so excited about the upcoming movie "Under Our Skin" which will educate millions about the plight of those of us suffering with this often debilitating disease. The preview trailer is now available and I can't wait to see the final product. The trailer can be seen [here](#).

## Until Next Time

In this month of Thanksgiving, I am grateful that after eight years of illness, I finally have a diagnosis. I am even more grateful for all of the enlightened people that I have met along this journey. Thanks for all your kind words, inspiring stories, thoughtful direction, and for your compassion. Live, love, and laugh each and every day for tomorrow is not a given.

In Better Health,

A handwritten signature in blue ink that reads "Scott".

Scott

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