

THE ACADEMY OF COMPREHENSIVE INTEGRATIVE MEDICINE

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Conquering Incurable Diseases Conference Summary Highlights by Dr. Kristen T. Honey, PhD

ACCEPTANCE. ALLONE. ATTITUDE. AWARENESS. BE. BELIEF. BODY-MIND-SOUL.
COMMITMENT. COMPASSION. COMPREHENSIVE. CONGRUENCE. CONNECTEDNESS. COURAGE.
ENCOURAGEMENT. ENERGY. FAITH. GENEROSITY. GRACE. GRATITUDE. HARMONY. HEALTH.
HEART. HONESTY. HOPE. INFINITE. INEGRITY. INNOVATION. INTEGRATIVE. JOY. KINDNESS.
KNOWLEDGE. LAUGH. LEADERSHIP. LEARNING. LIFE. LIGHT. LOVE. NOW. NURTURING.
NUTRITION. OPEN HEART. OPEN MIND. OPTIMISM. PEACE. POSSIBILITIES. PURE SELF.
PURPOSE. RADIANT. REASON. RECOVERY. REGENERATION. RESPONSIBILITY. SCIENCE.
SHARE. SURRENDER. TOGETHER. TRANSPARENCY. WELLNESS. WHOLE BEING.

The vision and tone from the Academy of Comprehensive Integrative Medicine (ACIM) “Conquering Incurable Diseases Conference” was one of hope, inspiration, and collective vision. Attendees united in their shared purpose of healing—healing beyond the confines of conventional medicine to improve patient care and the wellness of humanity on all levels: Body-Mind-Soul. Testimonial after testimonial from practitioners and patients reaffirmed the infinite possibilities for healing beyond labels in a new wellness paradigm. There are many medical treatments and paths to Rome when it comes to healing complex and chronic illnesses, yet all success stories shared HOPE and OPTIMISM for the POSSIBILITY of 100% HEALTH and LIFE fully lived with PURPOSE. Miracles happen every day. Let you and your patients be these miracles.

Speaker: Dietrich Klinghardt, MD, PhD, Recipient of 2013 ACIM Lifetime Achievement Award.

Dr. Klinghardt received his well-earned ACIM Lifetime Achievement Award with a standing ovation and commitment to continue pioneering the field of comprehensive integrative medicine. Dr. Klinghardt’s career is guided by deep conviction and personal commitment to help alleviate human suffering. He focuses on inner being and the goodness in people to recognize higher potential and highest practices with an open, curious mind to integrate all healing modalities. Focus and knowledge, however, must be translated into action. Throughout his entire career, learning different techniques and approaches to medicine in India, Europe, and the USA, Dr. Klinghardt translates his knowledge into action for the betterment of humanity.

To successfully treat chronic illness today, intervention is required on four fronts:

- (1) **Correct & Balance basic physiology:** exercise, diet, pH, hormones, vitamin, osteopathic work, electromagnetic radiation (EMR or EMF) protection, etc.
- (2) **Decrease toxic body burden:** Remove metals, chemicals, and biotoxins from the extra- and intracellular matrix (read chapter in new book, *Advancing Medicine with Food and Nutrients*, with chapter by Dr. Klinghardt: *Supporting the Removal of Biotoxins via Intrinsic Pathways*).
- (3) **Immune modulation:** Up-regulating, blocked, or underactive immune functions. Down-regulate hyperactive systems with homeopathy and psychological work, such as “The response of the host makes the disease” by Lewis Thomas MD, NEFM 1972. Immune modulation is MOST IMPORTANT because most patients today are overactive with chaotic and hyperactive immune reactions.
- (4) **Decreasing microbial burden:** Considering parasites, mold, viruses (HSV-1, EBV, etc.), bacteria (*Borrelia*, *Bartonella*), protozoa (*Babesia*, *Toxoplasma*), etc. Common kitchen ingredients can be antimicrobial and part of every-day treatment with parsley, garlic, cilantro, ginger, turmeric (curcumin), etc.

Many different diseases manifest with the same symptoms, such as lack of energy, poor sleep, and gastrointestinal problems. Practitioners, therefore, must use good diagnostic tools to solve this dilemma and identify underlying causes for common symptoms, which could result from many diseases. Autonomic Response Testing is an

excellent tool to distinguish causal reasons for symptoms. Ten causal, but often over-looked, diseases in chronic illness are:

- **Intra-uterine acquired infection**: Autism symptoms, for example, can result when a mother is a silent carrier of infection. (Toxins, foods, EMRs, EMFs, vaccines all secondary to intra-uterine acquired infections).
- **Toxicity**.
- **Unresolved psycho-emotional and trans-generational issues**: Trauma can lead to methylation blocks. Methylation activates and deactivates gene expression through epigenetics, so disease is more likely to be expressed with trauma, including trans-generational trauma. Psychotherapy. Emotional Freedom Techniques. Constellation work with Family Systems Therapy. EVOX treatments.
- **Electromagnetic radiation (EMR)**: Also known as Electromagnetic Frequencies (EMFs) or electrosmog, EMR affects human gene expression and health.
- **Infections, infestations (parasites), and biotoxins**: The USA does not have a single, good diagnostic parasite lab. Not one. Therefore, different forms of testing (e.g., Autonomic Response Testing) are needed to detect parasites, which are a problem for many patients -- or treat and photograph patient stool to diagnose.
- **PANDAS, PANS: Chronic tonsillitis & sinusitis, MARCONS**: Treatable with ozone injections, cryotherapy, neural therapy, intranasal flora, Neti Pot. Tonsil removal is a viable option but there is delayed improvement, with children often improving 4-6 months after having tonsils removed.
- **HPU/KPU**: For information on Hemopyrrolactamuria (HPU), aka Kryptopyrroluria (KPU), visit [BetterHealthGuy.com](http://www.betterhealthguy.com/joomla/171kpu) website: <http://www.betterhealthguy.com/joomla/171kpu>
- **Chronic cerebrospinal venous insufficiency (CCSVI)**: Stenosis of the anterior neck veins.
- **Dental issues**: Properly remove amalgam fillings and detox for mercury.
- **Desynchronized brain waves**: CES (Cranial Electrotherapy Stimulation) is a small battery operated device that aids in decreasing insomnia, stress levels, depression, irrational anger, anxiety, and mood swings. Available from <http://littletreegroup.com/>
- **Decreased "regulatory neuropeptides"**: Regulatory peptides include MSH, OXT, ADH, VIP and melatonin. Most important is OXYTOCIN (key for intracellular communication – every cell has oxytocin receptors). Homeopathic oxytocin is available through BioPure EU, Homeo K products: <http://www.biopure.eu/>

Psycho-emotional healing is a core piece of medicine but our USA medical system gives only lip service to psycho-emotional issues. Effectively, we do little about it in the medical community. Medical practitioners must move beyond giving Band-Aids for psycho-emotional issues. We must go deeper to the core of illness, where illness is put in motion through epigenetics (i.e., the context for genetic expression). Tools exist today to go deep and fix causes of illness on the emotional and spiritual levels, healing by going back to the original traumata. One such excellent tool for psycho-emotional issues is Applied PsychoNeurobiology, which builds upon Autonomic Response Testing methods. Constellation work with Family Systems Therapy helps heal trans-generational traumata.

Neural therapy is taught in German medical schools as a simple and effective method of treating many medical problems with injections. Neural therapy can diagnose and treat illness and pain by correcting disturbances of the body's electrophysiology. These electrical disturbances, called "interference fields," indicate cell membrane instability and often trigger abnormal autonomic nervous system responses. Interference fields often exist in scar tissue, teeth, autonomic ganglia, or other injured/irritated tissues. All can be corrected with neural therapy, sometimes known as "German acupuncture," which is gaining popularity and increasingly used in the USA.

Detoxifying from metals and toxins, like flame-retardants that are ubiquitous in society today, are critical for everyone, every day. Detox should be a life-long effort. Detox should be emphasized to all expectant parents as an essential part of preconception health care. To help detox, pregnant women can use high doses of chlorella "Chlorella babies" -- safe, effective, excellent preventative measure for all expectant Moms. The Environmental

Working Group website is an excellent resource, empowering people with information on toxics: <http://www.ewg.org/>

Website with additional information: <http://www.klinghardtacademy.com/>

Speaker: David Steenblock, MS, DO

Title: "Stem Cell Growth Factors are the Real Miracle!"

Goals & Objectives:

1. Introduce a variety of stem cells and their growth factors.
2. Discuss how the growth factors function.
3. Review of the diseases and disorders that respond to stem cell growth factors.

Synopsis: Stem cells are essential to human health and longevity. Different kinds of stem cells exist, including umbilical cord blood derived stem cells, hematopoietic stem cells, mesenchymal stem cells, and endothelial progenitor cells. These are all adult stem cells used in cell therapies today. Stem and progenitor cells repair injured tissue and create new cells to replace dead and dying tissue. An important aspect of these amazing cells is the ability to release a variety of growth factors into the microenvironment to increase the viability of injured cells. The stem and progenitor cells can adapt their healing capacity to whatever tissue or organ is being repaired. Stem cell growth factors have shown efficacy in treatments for heart disease, macular degeneration, intestinal disorders, diabetes, cancer, liver disease, kidney disease, and neurological disorders that include stroke, traumatic brain injury, multiple sclerosis, ALS, Parkinson's disease, and dementia. Stem cell treatments benefit a variety of hard-to-treat conditions. Their efficacy is improved with the use of hormones, growth factors, and additional therapies. To maximize benefits of stem cell treatments, patients must also do their part to eat healthy and avoid toxins, infections, stress, and other problems.

Websites with additional information: <http://www.stemcellmd.org> and <http://www.stemcelltherapies.org>

Speaker: Garry Gordon, MD, DO, MD(H)

Title: "NO Sex, NO Life, NO Fun: Nitric Oxide (NO) Review"

Goals & Objectives:

1. Understand that the endothelium is a highly dynamic cell layer that is involved in a multitude of physiologic functions and breakthroughs in biomedicine are beginning to acknowledge the endothelium as a bona fide organ system.
2. Review of Nitric Oxide (NO) function as a fundamental signaling molecule and how when produced in the body in low concentrations, it acts as messenger and cytoprotective (antioxidant) factor. The endothelium organ system is especially responsive to quantum "photonic" signaling of NO.
3. Discussion of quantum biology-based energy medicine, as novel and more effective therapeutic strategy in the prevention and treatment of cardiovascular and metabolic diseases linked to nitric oxide signaling and mitochondrial dysfunction.

Synopsis: A wide variety of methods exist to naturally increase your Nitric Oxide (NO) levels with quantum biology-based energy medicine and natural supplements. As a neurotransmitter and cardiovascular signaling molecule, NO is involved in every organ system in the body. Optimizing circulation through vasodilation, oxygen transfer, and energy production, nitric oxide supplementation has become a multi-billion dollar business for erectile dysfunction and athletic enhancement. Side effects of NO supplementation include headache, nausea, dizziness and fainting, and can become severe and life threatening when NO supplements are taken in large amounts or overdosing occurs. Natural ways to increase NO levels include: good diet, healthy exercise habits, pulsed electro-magnetic frequency therapy (PEMF), low-level lasers, spectrum-specific light-waves, and acoustic resonance therapy, offer a safer and less-expensive therapeutic regimen without negative side effects. In addition to facilitating cell-to-cell communication and membrane receptor function, quantum energy therapy assists in

mitochondrial ATP production, balancing of hormones, and detoxification. *Autophagy* is a critical process, defined as a cellular self-degradative process, which is important for balancing sources of energy at critical times in development and in response to nutrient stress. Everyone is affected, so even individuals who consider themselves healthy should regularly detox and will benefit from these natural ways to increase NO levels. All these natural methods to increase NO levels fit within Dr. Gordon's F²IGH²T for your health program with Magnetically Induced Cellular Exercise (MICE), where F²IGH²T represents:

- **F² = Food and Focus** - related aspect and leaky gut, and Focus (positive mental outlook): Acidophilus, Avoid food sensitivities (wheat, dairy) food supplements to include Vit C and D.
- **I = Infections** - causing cancer, cardiovascular disease, autoimmune diseases: Ozone/UVB, HBO, Silver, Vit A, C and D including IV Vit C.
- **G = Genetics** - and epigenetics and methylation issues needed for detoxing B-12, MSM, TMG, 5'MTHF.
- **H² = Heavy Metals and Hormones** - Daily detoxification of mercury, lead; Hormonal balance and support for both men and women: Oral Chelation, Zeolite, DHEA, HRT, Melatonin, GH Support, Thyroid.
- **T = Toxins** - BPA, phthalates, and other toxins including household chemicals and everyday products: Exercise, IR/FIR Sauna, PEMF, Magnetics, Electrotherapy, LED light therapy, LLLT cold (soft) lasers.
- **E² = Energy and Exercise** - PEMF or pulsed electromagnetic frequency therapy that promotes healing through Magnetically Induced Cellular Exercise (MICE).

More information and access to most current protocols are available through Dr. Gordon's F.A.C.T. (Forum on Anti-Aging and Complimentary Therapies) website: <http://www.gordonresearch.com/>

Speaker: Alpha Yin Lo and Shui Yin Lo, PhD

Title: "Evidence for Stable Water Clusters at Room Temperature and Their Effect on Health: Double Helix Water"

Goals & Objectives:

1. Share the beneficial effect of Stable Water clusters on autism
2. Convey the beneficial effect of stable water clusters on thyroid, and brain from a long term controlled study of 30 cases
3. Summarize the beneficial health effects by stable Water clusters from collaboration with UCLA, and University of Southern California

Synopsis: These two speakers presented a view of modern health problems from a quantum physics point of view. They offered three bold hypotheses, still under investigation, which collectively contend that (1) quantum physics, (2) meridian theory, and (3) meridians are made up of stable water clusters that underlie ALL aspects of ALL human health problems. They tested this theory through experimentation, assuming that temperature is a crucial variable and correlate, which can be measured and visually seen in all known major health problems. Elevated temperature represents inflammation and disease. They used this theory to make predictions with simple models that explain old data and predict phenomena, then validated (or refuted) predictions with experimentation and clinical tests. Their predictions rest on the assumption of our human body system is made of multiple, nested layers: System < Organs < Tissues < Cells < Molecules < Atoms < Charges. By understanding quantum physics and working with charges, we can change the entire system and bring a body back into balance and improved function for healing on all levels. Stable water clusters (SWC) offer one way to work on the level of charges, for example by using Double Helix Water.

The hypothesis of meridians being made up of SWC together with the harmless, non-invasive, low cost infrared imaging technology have enabled us to study the immediate health effect of SWC as well as long term effect of using SWC. We have taken probably close to ten thousand infrared images (or thermographs). By the use of meridians theory in Chinese medicine, these images, which record the body surface body images become a window to tell the degree of inflammation of internal organs of the human body. The decrease or increase of

temperatures from using SWC becomes an indicator of the health effect of SWC on internal organs. Proper interpretation of infrared images enables us to view the effect of SWC quickly on many layers of health problems of a person simultaneously. Hence we can study all kinds of diseases quickly, such as autism, thyroid, or problems with the brain holistically and comprehensively. Any of these health problems is difficult and costly with traditional means. In addition we have collaborated with Prof Bonanvida of UCLA to study the effect and origin of immune ability from SWC, and with Prof Shih of USC on the effect of SWC on mice that are genetically altered to have autistic behavior.

Scientific & product information on Double Helix Water at: <http://doublehelixwater.com/>
With patient testimonials at: <http://whydrinkdoublehelixwater.com/>

Speaker: Daniel Beilin, MD

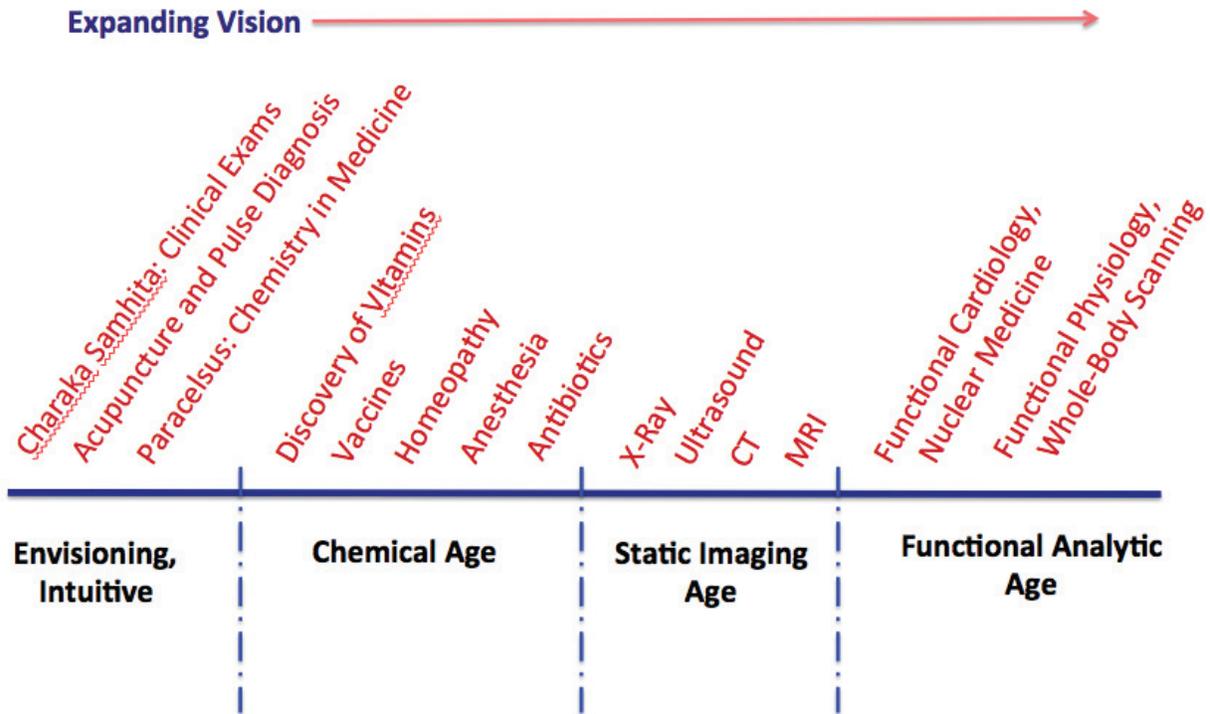
Title: “Hidden Causes Revealed Through Dynamic Regulation Thermography”

Goals & Objectives:

1. Demonstrates how DYNAMIC PHYSIOLOGICAL IMAGING finds blind spots in assessment for mysterious conditions and diseases.
2. EXPOSE the REGULATION system of the body as a previously unknown organ.
3. Show how exposing the HEALTHY aspects of a body and strengthening them even more can provide answers to many cases.

Synopsis: The regulation system of the body has been viewed in Nuclear Medicine as well as in integrative Medicine. The Stress-Reaction that reflects DYNAMICS of organ and tissue FUNCTION is best seen with REGULATION THERMOGRAPHY, a German-Based measurement system that recognizes over 50 SIGNATURES for disorders and focal CAUSES. Several case studies and the BIOPHYSICS of the method are clinically analyzed and future research delineated. Underlying these case studies is the premise that stress on the body elicits a stress response, which we can thermally detect with Dynamic Thermography. This is simply a new tool, available today. Dynamic Thermography is: Non-invasive. Non-toxic. Science-based. It seems to be a major step in widening the perceptibility of the causal factors governing difficult patient cases. Medical breakthroughs, such as this new tool, can be viewed as expanding vision:

Medical Breakthroughs



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Alfa Thermodiagnosics, Inc.

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Incurable disease is only a name for our medical frustration. In reality, we are as powerful as our perception of the whole. In order to improve the way we approach difficult patients and not have them be difficult, we must change the way we think of the being and the body. The closer we can be to realizing all of the physiological mechanisms present in a case, the more defined we can be and focus in our therapies, whether in the psychospiritual, energetic, or material levels. Dynamic Thermography is an excellent tool to help us here. This technology offers whole-body regulation thermography to accurately reveal the regulation of organ systems and the hidden causes of disease. Restoring optimal regulation is a path to healing, especially with emphasis on the extracellular matrix and ground regulation as a basis for holistic biological medicine (excellent book by Alfred Pischinger). Dynamic Thermography results help with this by ranking the order of medical issues in priority for treatment. Each report comes with specific recommendations for each patient, including customized treatment plans to unblock regulation. Each machine costs \$14,000 for purchase, but the company also leases machines.

Websites with additional information: <http://www.alfathermo.com/>

Speaker: W. Lee Cowden, MD, MD(H)

Title: Hope For The “Incurable”- What the Evidence Shows

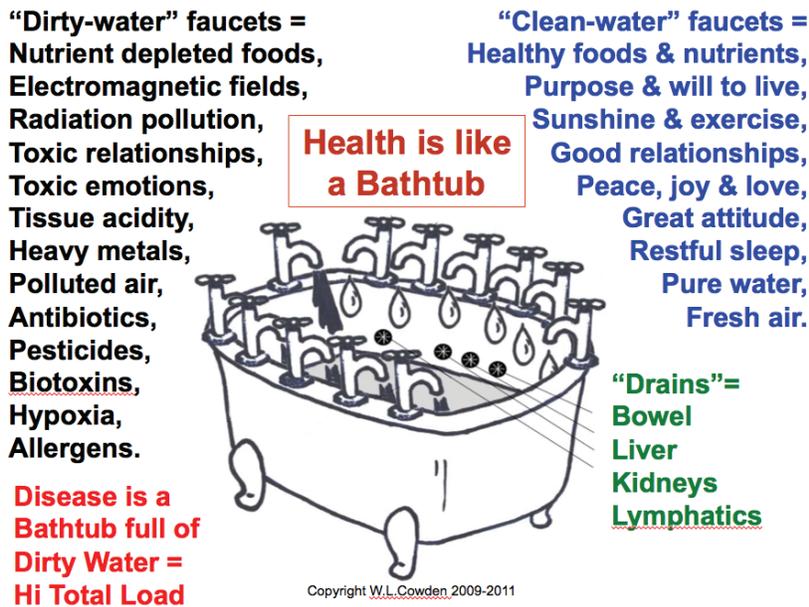
Goals & Objectives:

1. To help attendees to see that often there is hope of recovery from seemingly incurable conditions.
2. To show the importance of identifying and resolving all underlying causes of chronic disease.
3. To open the minds of attendees about the diversity of treatment choices in integrative medicine.

Synopsis: Often allopathic doctors tell their patients that there is no hope for a certain chronic disease affecting that patient. In many cases, this is based on the doctor’s limited knowledge and experience. So what the doctor should have said to the patient is, “I know of nothing else that can help your condition, but do search for a solution, because you may find one.” Often if underlying causes of chronic disease are carefully sought and systematically addressed, the disease either improves or, in some cases, completely resolves. Dr. Cowden will present various case reports to demonstrate the principles of helping patients who have been told their condition is incurable.

There are no incurable diseases, although incurable patients exist. Patients who have been told that they cannot get well and believe it, will stay sick. Attitude matters! A major step in getting someone over “incurable” disease is to change the belief system. Mental attitudes and emotional aspects underlie all illness, so these key issues must be discussed and addressed with patients. Remove love blocks, as chronically ill patients are often “love depleted” because of past hurt that closes them off to love.

Integrated health care should be thought of as a process, always in flux, where health is like a bathtub. (see image). Practitioners must clear up the cellular terrain and tissue environment in which microbes grow. Terrain and context are KEY!



Immediate cause of most chronic disease is the body’s inflammatory response to microbes and “toxins” (abnormal tissue terrain results in focal microbe growth & WBC response). Contributing factors to abnormal tissue terrain include:

- Tissue under-oxygenation (finger oximetry).
- Tissue acid-base imbalance (measure saliva pH).
- Depleted nutrient status (poor intake & nutrient wasting).
- Disturbed electromagnetic charge of the cells.
- **Body’s toxic load** (man-made & bio-toxins, EMR, and emotions, as in the bathtub analogy).

Once the underlying causes of abnormal tissue terrain are corrected, microbes no longer thrive, inflammation decreases, and dis-ease resolves.

Some of most powerful healing tools cost the patient nothing other than time! This is good because we want patients to be as much in control of their own healing as they can be. A doctor is not a dictator, but a coach, supporter, hand-holder, or quarterback who works with the patient for optimal results. Patients must themselves eat well (organic, non-GMO, spouted, fermented foods), exercise regularly, avoid

electromagnetic pollution, avoid mold & biotoxic environments, remove amalgam fillings (properly!), and hydrate themselves because a toxic body uses up nutrients faster and will not detox or heal well. Dental issues can be critical for healing, especially for Lyme disease patients. Laser detox methods can quickly help to detox patients and improve terrain.

Website with additional information: www.acimconnect.com

Speaker: Amy Derksen, ND

Title: “Crucial Support for any Integrative Protocol”

Goals & Objectives:

1. Lab parameters that can help identify detox and immune difficulties.
2. Addressing inflammation.
3. Naturopathic Principles that apply to even the most severe illnesses.

Synopsis: In her experience working with Lyme disease, neurological illnesses and especially with autism, some common themes transcend all illnesses. People who become chronically ill have a high toxic load, such as:

- Lyme neurotoxins and co-infections.
- Heavy metals.
- emotional burden.
- High electromagnetic radiation (EMR) exposure.
- Phthalates or other environmental toxins (BT) and chemicals.
- High microbial load (molds, parasites, viruses).
- Food allergies, increased intestinal permeability and decreased nutrient absorption.
- Medication overload.

The more complicated the cases, the more practitioners must back to the basic naturopathic principle of how important it is to support the body. These include steps to:

- Clean up the diet (e.g., eliminate gluten, dairy, GMO, and/or other common sensitivities).
- Reducing stress levels at home.
- Reducing toxic exposures and EMR’s, preferably with regular grounding: www.earthing.com .
- Getting a baseline nutritional protocol going- omega 3’s, vit D, minerals, probiotics.
- Make sure there is adequate fluid intake.
- Tools like thermography, Zyto/Asyra, Autonomic Response testing and others can help point in the right direction.

As practitioners, we try to find out what the microbe may be, or what the toxin may be, but in reality for most people who have found themselves with chronic illnesses, it is a combination of many factors. The bigger question is why do some people get sick with these exposures and others do not? When answering this, keep in mind is that inflammation in the body is excess positive charges in the body. The body’s toxic load from all sources must be considered and addressed with the goal to keep the system in balance. Key protocols essential to help patients detox effectively, so they can better tolerate and benefit from treatments, are available from the holistichealingarts.org website. Presented protocols included: kidney support; liver support; addressing constipation; addressing sinuses; addressing mold exposures; addressing mitochondrial dysfunction; immune support; Herxheimer support (die off management); natural anti-inflammatories; methylation defects with information on 5-MTHF, folinic acid, B12, folate receptor (FR) autoantibodies, cerebral folate deficiency, and a list of basic methylation labs and tests for practitioners. To guide these protocols, autonomic response testing is an excellent tool.

Website with additional information: www.holistichealingarts.org

Upcoming protocol trainings and classes on autonomic response testing listed at: www.klinghardtacademy.com

Speaker: Damon Miller, MD

Title: “Hope for Sight: Reversing Degenerative Eye Diseases like Macular Degeneration”

Goals & Objectives:

1. Understand the research showing the role of adult stem cells in the regeneration of neural tissues in the eye, brain and spinal cord.
2. Learn about techniques and therapies that can support and augment the adult stem cell system.
3. Learn about recent and exciting work describing the role of epigenetics in genetically determined diseases such as macular degeneration, retinitis pigmentosa and Stargardt disease.

Synopsis: If you are a doctor, you have clients with Macular Degeneration. If you are not a professional working with clients, then you know friends and family with Macular Degeneration. It is an increasingly common ailment today, with an estimated 25 million people in the US alone with Macular Degeneration. They are offered no treatment, other than perhaps second-rate vitamins to try and slow the course of the disease. Fortunately, this approach and thinking is wrong. Everything you have been taught and think you know about Macular Degeneration is wrong. Today, ophthalmologists are telling people that there is nothing that can be done about Macular Degeneration. That is wrong. It is doing harm, scaring people half to death. If the ophthalmologists were honest about it, they would simply tell people that they have nothing they can do. No magic drugs. No surgery.

Fortunately, there is hope because our eyes and the human body have amazing capacity to regenerate. Our clinic has worked with serious eye disease using techniques that have over 30 years of successes. We’ve had tremendous successes improving vision in people with advanced Macular Degeneration, Retinitis Pigmentosa and Stargardt. Our empirical evidence tells us that complex retinal tissues are capable of regeneration. The growing body of work on adult stem cells tells us how this can happen, and what can be done to support regeneration. Adult stem cells naturally support regeneration.

Macular dystrophies such as Macular Degeneration, Retinitis Pigmentosa and Stargardt Disease have been associated with specific genetic abnormalities, but as in many diseases, the presence of a predisposing gene does not predict with certainty that a person will manifest the disease. Just because you have the gene for a disease, however, it does not mean you will get the disease. Our developing understanding of epigenetics helps us to understand how a person can have an abnormal gene, but not express the disease associated with that gene until their seventh or eighth decade of life, or not at all. Enhanced understanding of epigenetics and the system of adult stem cells can help to prevent the development of disease in those with genetic predisposition, arrest the disease if it has begun to manifest, and even reverse vision loss through support of a person’s own adult stem cells.

Conventional wisdom in medicine held for many years that regeneration of complex neural tissues was impossible, but recent studies have shown clear evidence that such regeneration is possible, and that the mechanisms of regeneration involve the bodies innate system of adult stem cells. Methods exist today to stimulate a patient’s own adult stem cells. These methods can be further augmented with additional therapies like:

- Microcurrent Stimulation therapy
- Color Therapy
- Self administered acupressure
- Eye Health Exercises.

Microcurrent Stimulation has an amazing ability to support and encourage adult stem cell function.

As practitioners, we must not be reluctant to engage in helping people with eye disease. Take what you know and what you have learned to help support and improve health to prevent these diseases. Everyone can choose how to live and that has a PROFOUND effect on genes and what diseases manifest (epigenetics). So, choose right. You can influence the epigenome. These same principles can actually reverse disease, with some additional support for the adult stem cells.

Speaker: Janet Hranicky, PhD

Title: “The Power of the Mind in Getting Well”

Goals & Objectives:

1. Review Research that shows Emotional Factors & Stress Correlate with a Person's State of Well-Being and Survival with Incurable Disease
2. To Promote Deeper & More Comprehensive Understanding of " The Logic of Emotions & Stress "
3. Overview of Personalized Stress Management Interventions in the Treatment of Incurable Disease for Influencing Survival

Synopsis: Research in the area of Mind-Body Medicine shows that emotional factors correlate with a person's state of well-being and survival and this certainly includes survival of what has been traditionally perceived as " incurable Diseases ". Stress has been shown to be an influential factor in the development of many diseases, including cancer. The theoretical basis for the therapeutic benefit of stress management has existed for many years and is well documented in the world's literature. However, the role of emotions and stress remain to be devalued as essential areas of intervention and treatment in the medical model of disease management. The time has come for the Medical Community and the Public at Large, to understand the Biological significance of Emotions and the Stress Response and how these are interconnected with " Conquering Incurable Disease ".

“The world ‘incurable’ just means we do not know the answer right now” – Dr. Valerie Hunt, UCLA. Today, our medical thinking overlooks the bioenergy system. We must integrate this important system into our thinking for full coherence, healing, and sustained benefits on all levels.

Emotions program the nervous system, program the DNA, and program the mind field, as articulated in Bruce Lipton’s book Biology of Belief. Our thoughts influence the context of DNA (i.e., epigenetics) and what genes get expressed. Each of us is an energetic body, so everything we experience is filtered through a unique energy field. Human energy fields filter our experiences to create our unique realities. Some people take on or reject very different elements and aspects of life, even given identical experiences. Our mind isn’t the brain in this system, but simply organizes and creates force in the material world. Emotions, perceptions, beliefs, attitude, and intentions are bigger than the brain. This means that practitioners must pay great attention to not only what they say to patients, but also HOW things are said. Communication happens on multiple levels, including energetic and unspoken aspects through posture and practitioners beliefs.

Serious incurable disease always represents emotional conflict of the soul. In this context, the Soul is defined as a quantum package of our non-random organized information that is meant to protect us. Emotional conflict at the soul level = STRESS. Key emotions underlying wellness and disease boil down to these three: anger, fear, & love. Unconditional love is the most important stimulant to the immune system. Love, laughter, and joy can impact and up-regulate healing.

Chronic stress is the challenge. Disease can be triggered by unexpected shock and trauma, which potentially lead to chronic stress. We all know how to deal with acute stress, as our evolution and hard-wired biology have taken care of this for us. Biologically there is logic to our emotions -- we move towards pleasure or we move away from pain. This works for acute stress, but fails for the more subtle and complex issue of chronic stress. People are not born knowing how to navigate some issues, so they suppress, repress, or freeze to emotionally survive. So, at this chronic level of stress, people are not avoiding the pain but neither are they moving towards pleasure and embellishing their soul – they’re stuck in a “purgatory” middle ground with chronic stress, which causes illness. Chronic stress sets up pain, illness, and emotional stress that directly affects the pituitary gland and methylation pathways. Human

coping styles and coping mechanisms play a part in human survival and wellbeing today. The mind and its role in getting well are extremely important.

Fortunately, therapeutic models of intervention today are excellent for helping people with chronic stress. Simply give patients SUPPORT with a “soft model” for healthier coping styles. Family systems therapy, including constellation work, is another excellent method for alleviating stress and creating new, healthier balance for the individual and their larger family context. Personalized Stress Management is an integrative approach in PsychoNeruoImmunology for maximizing recovery. It harnesses the power of the mind in getting well through these steps:

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- **Step 1:** Knowing Who You Are and What Motivates You
 - **Step 2:** Recognizing Your Warning Signs of Distress
 - **Step 3:** Designing Your Environment to Match Your Preferences for Optimizing Health and Well-Being and Effective Communication
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There is always hope. No matter how sick people became, incurable patients like stage 4 cancer survivors live because of their common BELIEF SYSTEM that they could get well. They could recover. They could heal. Patients and practitioners should maintain this belief that no how sick they are it is POSSIBLE to get well. Foster HOPE with a spiritual connection to divine Self for life PURPOSE. Living with hope and purpose begets happiness, which our USA culture should value more because life congruence and happiness heals. The motivational speaker, Tony Robins, is an excellent model for these happy and resilient approaches for miraculous benefits and maximum wellness.

Website with additional information: <http://www.drhranicky.com/>

Speaker: Simona Pop, MD, DMD

Title: “Cancer, Dental Heavy Metals & Lasers”

Goals & Objectives:

1. To show the relationship between dental heavy-metal sensitivity and cancer.
2. To describe immunologic testing for heavy metal sensitivity.
3. To show the effect of soft-laser therapy on cancer and heavy metal sensitivity.

Synopsis: There is no save level of lead and everyone today is challenged with metal toxicity, including exposure to lead, mercury, aluminum, and other heavy metals. Synergistic effects of these heavy metals are extreme. The explosion of chronic diseases over the last few decades has its source in part from the deadly increase of heavy metal toxins in the mouth. Body implants made with alloys for hip, knee, joint, and dental implants are another source of toxic metals. Common alloys used in implants are cobalt-chromium, titanium alloys, stainless steel, and tantalum. Metals cause allergy and autoimmunity, as the metals bind strongly to proteins to become immunologically active. Increased reactivity to metals have been found in many diseases, including (but not limited to): cancer, multiple sclerosis, chronic fatigue syndrome, rheumatoid arthritis, Crohn’s disease, fibromyalgia, multiple chemical sensitivity, food allergies, Lupus, ALS, eczema, psoriasis, Sjögren's syndrom, and autistic disorders. By treating with dental metal replacement and metal detoxification, the health of patients improves. Moreover, patients who receive laser treatments recover faster. Soft Laser Bio-Photon (SLBP) therapy is a noninvasive outpatient device used to facilitate detoxification for patients with suspected metal overload. A total of 30 patients were studied: 19 women with ovarian carcinoma and 11 men with prostate cancer, and for all of them, the MELISA BLOOD TEST was used to measure the heavy metal sensitivity. The patients also had other testing before and after treatment: PSA for prostate cancer and PAP-smear for ovarian cancer. The MELISA testing and SLBP treatment process led to excellent health outcomes in cancer patients, with symptoms and lab tests improving. Patients receiving an additional 22 laser sessions, beyond SLBP treatments, recovered completely in a short time.

Websites with additional information: popsdrdr@yahoo.com and www.ecc-europa.eu .

Speaker: Tobin Watkinson, DC

Title: Body Electric- a Gateway to Healing

Goals & Objectives:

1. Consider body electric in any chronic illness
2. Consider electrical environmental factors
3. Consider body water and electrolytes

Synopsis: As an alternative consideration in healing... the body is first electric and second chemical. The recipe for body electric has four key elements: (1) infrared radiation (10^{-5} wavelength or 10^{12} Hz), (2) minerals, (3) water, and (4) Schumann Resonance, defined as global electromagnetic resonances in the extremely low frequency range which are excited by lightening discharges in the cavity formed by the Earth's surface and the ionosphere (7-8 Hz). Body electric and body water are the two most important elements in the body's ability to hold an electrical charge, as the average human body is 60% water. The polar division of the body water carries two distinct electrical charges. This polarity of electrical charge between surface body water and deep bulk body water gives a distinct electrical signature. Even the Lyme tick uses the electrical signature of the human body as a guidance cue for attack. Today, unlike any other time on our planet, man is exposed to multiple overlapping electrical signals, which are capable of overriding the subtle charges generated by our bodies. Without the proper body electrical organization today's patients' ability to recover from chronic illness is gravely obstructed.

The body functions as an organic battery in the presence of infrared radiation, electrolyte minerals, water, and Schumann resonances. Specifically, the body water of the human body holds an electro-negative charge externally and electro-positive charge internally. To maximize energy and wellness, general tips for health include:

- Infrared sauna use.
- EVOX use for emotional stability.
- Full am light 6am-9am.
- Schumann resonance therapy.
- Mineralization.
- Hydration.

Body Electric = Body Wholeness = Body Health. Disease may in fact be an abnormal expression of our bioelectrical organization -- the collectivity of our cellular mass in disarray. With our bioelectrical defenses down, we are left to fight pathological organisms on a cellular battlefield resulting in chronic incurable illness. This is especially a challenge today with 21st Century technologies.

Prevention and mitigation against electromagnetic radiation (EMR) or electromagnetic frequency (EMF) exposures are critical. Products and resources for EMR and EMF protection are:

Safe Living Technologies, Inc.	Less EMF Inc.	Earthing
7 Clair Road West, PO Box 27051 Guelph, ON N1L0A0 Canada Tel: 519-240-8735 E-mail: support@slt.co website: www.slt.co	776B Watervliet Shaker Rd Latham NY 12110-2209 USA Tel: 1-518-608-6479 Fax: 1-309-422-4355 E-mail: lessemf@lessemf.com website: www.lessemf.com	1300 Earthing PO Box 223 Ingleburn NSW 1890 Email: info@barefoothealing.com.au Web: www.barefoothealing.com.au

Website with additional information: <http://www.tobininstitute.com/>